

## One phone call can save you thousands of \$\$\$ per year Isn't it worth it?

Dr. Millman always prescribes what is medically necessary from a pulmonary substitute. It is up to you and your family to check with your insurance carrier for the best medication that meets YOUR FINANCIAL NEEDS.

There are over 3,000 insurance plans and **our office does not have the resources to pre-authorize medications that are not on your specific plan formulary.** This is why you and your family need to check for substitutes on your insurance plan formulary.

- 1 Call your insurance company or check online for their online medication formulary
- 2 Ask them which is "reasonably covered" for similar medications listed below
- 3 Call us back on the refill line (option #2) with the substitute. Do not call our front desk since this cause delay.

**We no longer preauthorize medications now since your insurance company will "deny" it if there are other medications on the formulary**

### **Maintenance (anticholinergics)**

Spiriva Handihaler 18 mcg/inh capsule daily  
Spiriva Respimat 1.25 mcg/inh  
Incruse Elipta 62.5mcg/inh  
Atrovent HFA 17 mcg/inh

### **Maintenance (inhaled steroids/long acting Beta-agonists)**

AirDuo  
Breyna (a Symbicort "generic")  
Wixela (a "Advair" generic)  
Advair Diskus 100 mcg-50 mcg or 250 mcg-50 mcg  
Symbicort 160mcg-4.5 or 80 mcg-4.5/inh  
Dulera 100 mcg-5 mcg/inh or 200 mcg-5 mcg/inh  
Breo 100 mcg-25 mcg/inh 200 mcg-25 mcg/inh

### **Symptom relievers (not just for emergencies!)—short acting albuterol**

Ventolin HFA  
Proair HFA  
Proair Respimat  
Proventil

### **Similar medications—maintenance (inhaled steroids)**

Fluticasone HFA ("Flovent HFA" generic)  
Flovent HFA  
QVAR  
Asmanex  
Pulmicort  
Arnuity Elipta

### **Triple therapy**

Trelegy  
Breztri

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